



There is a spacious kitchen with an adjacent work area and store accessible to patients to help in learning kitchen activities. The kitchen staff has separate living quarters.

Procedure for admission

Any mental health professional can refer a suitable person to our centre. The usual diagnostic categories of eligible clients would be psychoses, mood disorder, neurotic and stress related disorders with high levels of disability. The suitability of a person for admission will be assessed by our team at the Department of Psychiatry, Kasturba Hospital, Manipal. Admission to the centre will be done with the informed voluntary consent of the client and caregiver. Patients who would like to reside at this centre but pursue pharmacological treatment from a psychiatrist elsewhere may also do so.

Medical disorders/ Emergencies

Medical care will be provided at the Kasturba hospital. The patients would be eligible for a Manipal Arogya card entitling them to concessions in the treatment charges.

Facility to transfer and treat the patients at the hospital in case of any psychiatric or medical emergency would be provided. It would however be necessary for the caregiver to be with the patients during such periods.

Fee Structure

The monthly fee will be Rs.5000/- for dormitory bed and Rs.12,500/- for single room accommodation. Medication and other hospitalization charges would be extra. An initial deposit of six months fees would be charged and then payment can be on a monthly or three monthly bases.

Family Involvement

Liaison will be maintained regularly with the caregiver/family who will be encouraged to visit the patients periodically and take them home for festivals, vacation breaks or as needed.

Discharge

The duration of stay will be flexible, discharge will be planned when the client is able to return to the community and function optimally.

It will be the endeavor of the professionals working at 'Hombelaku' to provide holistic, consistent and humane care to patients. The treating team will strive to constantly improve therapeutic input to facilitate the realization of the potential of the patients maximally.

Contact Details:

Secretary

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Rehabilitation Centre for the Chronic Psychiatrically ill



adsync



A unit of
Kasturba Medical College
(A constituent Institution of Manipal University)
Manipal - 576 104

Rehabilitation forms an essential part of the management of the chronic mentally ill. It aims at restoration of skills to regain maximum self sufficiency and integration into society.

'Hombelaku', a medium to long term stay and rehabilitation centre for the chronic mentally ill is administratively and functionally integrated to the Kasturba Medical College, Manipal, Manipal University. Infrastructure and manpower is provided by the University. It will function under a license from the district administration and will have a board of visitors.

This centre is a 34 bedded facility for the chronic mentally ill. It is located in the University campus on a 1.5 acre plot on hillside facing a valley at Manipal. It provides a calm and soothing atmosphere to facilitate rehabilitative processes. Kasturba Hospital is 1km from this centre. Manipal is well connected by road / rail to all the major cities in Karnataka.



Objectives

- To provide the highest quality clinical care
- To provide a nurturing environment for healing
- To facilitate integration of the person into society by training in daily living skills, developing work habits, improving social skills and fostering decision making abilities
- To minimize disability
- To provide respite care

Professional inputs

The rehabilitation programs will be planned and managed by an experienced team of psychiatrists, psychiatric social workers, clinical psychologists, psychiatric nurses, occupational therapists and case managers. Individualized treatment will be administered. The treating team will be lead by a psychiatrist. The centre will have 24 hour supervision by qualified nurses and ward attendants.

It is envisaged that occupational training inputs such as candle making, carpentry, pottery, gardening, plastic moulding etc. will be incorporated on a need based manner. A plot of land in a nearby industrial area is being converted into a workshop for use, to produce marketable articles such as paper covers, bags and candles.

Outdoor activities at the centre and in the form of picnics and excursions will be organized periodically to supplement the therapeutic activities.

Other staff

The centre will have a full time administrator responsible for day to day activities, procurement, security and finances of the organization. There will be an in-house team of cooks, cleaners, gardeners and security staff. The centre will also strive to involve students and the community at large to contribute to the cause of the patients.

Living facilities

The centre has separate residential wings for men and women. Each wing has single stay and dormitory facilities with common toilet and bath areas. The rooms are well lit and ventilated. Each patient will have an individual storage space for personal belongings. Nursing and ward attendant areas are also attached to the residential area.

There is a common recreation area with television, internet and indoor games. A large multipurpose hall is available for dining (self service) and indoor occupational / group therapy purposes. The centre also has individual interview/therapy rooms and a lounge for relatives and visitors.