

Manipal College of Dental Sciences, Mangalore

11<sup>th</sup> in India , 4<sup>th</sup> Among Private Colleges

## *Editorial*

We are happy to get the 6<sup>th</sup> issue of Communiqué, the triannual newsletter of MCOADS, Mangalore. The present issue covers the events, achievements and accolades of the institute, faculty, students for the months March to June 2018. Dr. Prashanthi Madhyastha and myself have tried our level best to make newsletter stand out by giving a casual album effect to the event calendar.

I would like to take this opportunity to thank the support given by our Dean, Dr. Dilip G. Naik, Associate Deans Dr. Ashita Uppoor and Dr. Premalatha Shetty.

Your feedback for this issue is highly appreciated.

**Dr. Ravindra Kotian,**  
HoD, Dental Materials,  
Manipal College of Dental Sciences, Mangalore.



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# ACADEMIC EXCELLENCE

## CONS-ENDO DAY 2018

Department of Conservative Dentistry and Endodontics, in association with Indian Association of Conservative Dentistry and Endodontics (IACDE) on the occasion of the celebration of 'CONS – ENDO DAY, 2018' conducted a **E- Poster competition** for the undergraduate students and interns on 16<sup>th</sup> March 2018.

A total of 60 students participated and out of which 20 posters were selected for presentation. The presentations were judged by **Dr. Darshana Devadiga**, Professor, Department of Conservative Dentistry and Endodontics, A. B Shetty Memorial Institute of Dental Sciences, and **Dr. Suprabha B. S.**, Professor, Department of Pedodontics, MCOODS, Mangalore.

### Prize winner are:

**Category- A** (Dental Cries, for 2<sup>nd</sup> & 3<sup>rd</sup> BDS)

 : Ms Pooja.P.Netalkar & Ms Maithreye.S.R, III BDS


 : Ms Rushitha & Ms. Elina, III BDS

 : Mr Gaurav Rawat, IIIrd BDS

**Category- B** (Root Canal Therapy, for Final Yr & Interns)

 : Ms Isha and Ms Shalini, Final Yr BDS

 : Ms Apoorva Sharma and Ms Nilormi, Interns

 : Ms Harshita and Ms Chelsea, Interns



## COLLEGE DAY AND AWARDS CEREMONY 2018

Manipal College of Dental Sciences, Mangalore celebrated its College day and awards ceremony on 23<sup>rd</sup> March 2018 at the Dr. TMA Pai International Convention Centre.

The chief guest of the event was *Professor Chris Louca*, Director and Head of Dental Academy, University of Portsmouth, UK. In his address, Professor Louca noted and appreciated the high standards of the university and the dental college and urged the students to make the best of the opportunities provided by the institute. Congratulating the graduating batch of students, he encouraged them to continue seeking knowledge and work for the progress in the field of dentistry.

**Dr. Dilip G. Naik**, Dean, MCOADS, Mangalore presented the college report for the year 2017. **Dr. Poornima Baliga**, Pro-Vice Chancellor (Health Sciences) released the college magazine titled “*Concrescence*” and felicitated the graduands. **Dr. V. Surendra Shetty**, Pro-Vice Chancellor (Mangalore Campus) congratulated the graduates and wished them well.



Professor Chris Louca



## COLLEGE DAY AND AWARDS CEREMONY 2018

The event was also graced by Associate Deans **Dr. Ashita Uppoor**, who delivered the welcome address and **Dr. Premalatha Shetty**, who delivered the vote of thanks.

Several awards were given to the faculty and students for their exemplary performance in academics, sports and literary events. The prestigious **Dr. TMA Pai gold medal for the Best outgoing student** was awarded to **Ms Nikita Rungta**, who was doing her externship at the University of Iowa, hence the award was received by her proud Parents.

The certificate of **PRAISE (Publication and Research Award Incentive for Students to Excel)** was received by **Dr. Avani Jain, Dr. Vignesh P.** and **Dr. Mansi Khare**, PG's of Department of Paedodontics.

**Dr. Suprabha B. S** received a Certificate award for faculty with maximum **FAIR (Faculty Award Incentive for Research)** publication points.

**Good Teacher Award for 2018** were conferred on **Dr. Shobha Rodrigues**, Professor & Head, Department of Prosthodontics and **Dr. David K**, Associate Professor, Department of Periodontics.



Dr. Nikita Rungta



Dr. Avani Jain



Dr. Vignesh P



Dr. Mansi K



Dr. Suprabha BS



Dr. Shobha Rodrigues

Dr. David K





Dr. Ashwin Rao, Dr. Karuna YM, Dr. Anupama N



Dr. Rajesh G



Award for the **Best Audio-visual material** were conferred on **Dr. Anupama Rao**, Assistant Professor, **Dr. Karuna Y. M.**, Assistant Professor and **Dr. Ashwin Rao**, Associate Professor, Department of Paedodontics.

**Dr TMA Pai Gold medal** for the **Best Research Publication** was awarded to **Dr. Rajesh G.**, Professor & Head, Department of Public Health Dentistry and co-authors.

The formal function was followed by an entertainment program by the staff and students of MCODS and a gala dinner. This event was made more memorable by the presence of parents and relatives of the graduating.



## MAXFACS SKILLS CENTER

The “**Maxfac**s Skills Center” was inaugurated by the Pro Chancellor, MAHE, **Dr. H. S. Ballal** on 8th May 2018. Guests of Honor at the event were **Dr. V. Surendra Shetty**, Pro Vice Chancellor & **Dr. Poornima Baliga**, Pro Vice Chancellor (Health Sciences).

Facilities available in the skills center include life size mannequins for hands- on preclinical training in local anesthesia injection techniques, tooth extraction, IM/IV injections, suturing techniques and basic life support. These simulators trigger an all-round improvement in the skill set of surgical trainee and facilitate onward progression to enhanced performance in clinical situation.

This is a landmark development in skills training of the surgical trainee. This unique skills center has become a reality by the dedicated efforts of **Dr. Premalatha Shetty**, Associate Dean, MCOADS, Mangalore under the able guidance of **Dr. Dilip G. Naik**, Dean, MCOADS, Mangalore.



## CENTRE FOR FORENSIC ODONTOLOGY

Centre for forensic Odontology, Manipal academy of higher education, launched the first blended certificate programme of MAHE on 1<sup>st</sup> June 2018. The centre is a collaborative unit of the Manipal College of Dental Sciences, Mangalore and the Department of Forensic Medicine, Kasturba Medical College Mangalore.

**Dr. Suresh Shetty**, State Medicolegal Consultant, HoD of the Department of forensic Medicine was the chief guest of the function. The function was witnessed by the Associate deans of MCO DS, Mangalore, the Core Committee of the college and all the team members of Centre for Forensic odontology. **Dr. Srikant N.**, course coordinator made a brief presentation of the journey behind the establishment of this Centre and the development of the hybrid certificate course of the forensic Odontology.

The ceremony was further continued by the e- inauguration of the certificate course in Forensic Odontology by Dr. Suresh Shetty which allowed the students enrolled to view the content in the Edunxt Platform. Dr. Suresh Shetty mentioned about the significance of this course as it was the first blended course of the institution and wished for the success of the course.



Dr. Suresh Shetty





## THE ANNUAL SEMINAR AND AWARDS CEREMONY

The Annual Seminar and Awards Ceremony for Manipal Student Research Forum, **MAHESRF MCODES Mangalore** was held on 22<sup>nd</sup> June 2018. MAHESRF Stepped into its 3<sup>rd</sup> year on this day with the advent of a new council. This day witnessed a large gathering of undergraduate students with a talk on “Oral Cancer - Primitive Screening And Early Diagnosis” by **Dr. Praveen Birur**, who was also the Guest of Honor for the event.

The Annual Report was given by Ms Aastha Todi, President followed by a brief description by Mr Viral Dave, Vice President, on his experience of an International Conference at ISCOMS. A pre research grant was also announced on this function, a grant named “*Dr. Joe V Mathew Memorial Research Seed Fund*” for all undergraduate students aspiring to flourish in the field of research.

The event summed up by a elaborate talk on “*Cancer detection and various possibilities of diagnosis of Oral carcinoma*”, by Dr. Praveen. MAHESRF targets to organise more interesting and interactive events for its members in years to come .





मानव संसाधन विकास मंत्रालय  
MINISTRY OF  
HUMAN RESOURCE DEVELOPMENT

## MAHE now an INSTITUTE OF EMINENCE



Manipal, July 09: The decision to pick Manipal Academy of Higher Education, Manipal as an *“Institute of Eminence”* was received with jubilation in the University. From the Chancellor to the students, all waiting with baited breath for the announcement by the University Grants Commission, broke into celebrations on getting the news in a tweet from the Union HRD Minister **Mr Prakash Javedekar** on Monday morning of 9<sup>th</sup> July, 2018. MAHE is highest ranked among private Indian universities in the QS Ranking. **Indeed, a Red-Letter Day for the University.**

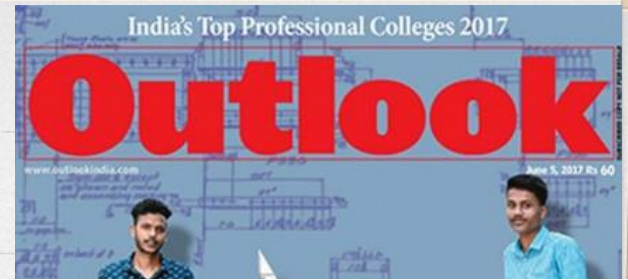




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DENTAL / TOP 40 COLLEGES

OVERALL RANK 2018	NAME OF COLLEGE	INTIME	ACADEMIC	INFRASTRUC-	PERSONALITY	CAREER	OBJECTIVE	PERCEPTU-	OVERALL
		QUALITY & GOVERNANCE	EXCELLENCE	TURE & LIVING EXPERIENCE	& LEADERSHIP DEVELOPMENT	PROGRESSION & PLACEMENT	SCORE	AL SCORE	SCORE
		300	300	240	180	180	1,200	800	2,000
1	MAULANA AZAD INSTITUTE OF DENTAL SCIENCES, NEW DELHI	276.3	278.7	233	171.2	156.2	1,115.4	789.4	1,904.8
2	FACULTY OF DENTAL SCIENCES, KING GEORGE'S MEDICAL UNIVERSITY, LUCKNOW	289.3	276.9	222.2	156	161.6	1,086	768.3	1,854.3

10	S. D. M. COLLEGE OF DENTAL SCIENCES & HOSPITAL, DHARWAD, KARNATAKA	184	205.1	138.7	140.2	112.6	780.6	672.7	1,453.3
11	MANIPAL COLLEGE OF DENTAL SCIENCES, MANGALORE	196.2	202.8	136.3	136.3	109.4	781	664.9	1,445.9
12	SRI RAMACHANDRA DENTAL COLLEGE, CHENNAI	172.9	183.8	201.4	125.5	112.1	795.7	648.3	1,445
13	DR. R. AHMED DENTAL COLLEGE & HOSPITAL, BANGALORE	221	138.7	138.6	121.2	111.6	731.1	705.9	1,437
14	FACULTY OF DENTAL SCIENCES, M. S. RAMAIAH UNIVERSITY OF APPLIED SCIENCES, BANGALORE	169.7	191.2	220.1	140.1	116.2	837.3	564	1,401.3

TOP 25 DENTAL COLLEGES

Rank 2018	Rank 2017	Name of the Institute	P: Pvt G: Govt	City	Year ESTD.
1	1	Maulana Azad Institute of Dental Sciences	G	Delhi	1983
2	2	Manipal College of Dental Sciences	P	Manipal	1965
3	3	Government Dental College & Hospital	G	Mumbai	1938
4	4	Mulji Hospital Dental College	G	Mumbai	1977
10	10	Dr. R. Ahmed Dental College & Hospital	G	Bangalore	1920
11	12	Manipal College of Dental Sciences	P	Mangalore	1987
12	11	Sri Ramachandra University	P	Chennai	1995
13	14	SRM Dental College*	P	Chennai	1996
14	13	Faculty of Dental Sciences, MS Ramaiah Medical College	G	Bangalore	1901

# CONTINUING PROFESSIONAL DEVELOPMENT PROGRAMME



## ALKASITE CEMENT –ALTERNATIVE TO AMALAGAM

Department of Conservative Dentistry and Endodontics, in association with **IVOCLAR VIVADENT** conducted a CPD programme ‘*Alkasite Cement-Alternative to amalgam*’ on 14<sup>th</sup> March, 2018 at Attavar premises.

The resource person was **Dr. Phillip Schenider**, an instructor at the Dental Institute University of Zurich, Dept. of Preventive Dentistry, Periodontology and Cariology (& key consultant of IVOCLAR VIVADENT). He gave a demonstration manipulation of the material to all the postgraduates and interns.



ACADEMIC ACTIVITIES



## PATHO-LOGUE

Department of Oral Pathology and Microbiology in association with **ARMCODS (Alumni Relations, MCODES Mangalore)** conducted a CPD programme titled “*Patho-logue*” on clinico-pathological correlation of common oral lesions on 18<sup>th</sup> May, 2018. The resource persons, **Dr. Radhika Bavle**, Professor and Head of Department of Oral Pathology and Microbiology, Krishnadevaraya College of Dental Sciences and Hospital, Bangalore and **Dr. Udhay Bhanu**, an alumnus of Department of Oral Pathology, MCODES Mangalore and a dental practitioner at Kerala. The programme highlighted the importance of the “dialogue” between the Patient, Clinician, Radiologist and Pathologist in arriving at an appropriate and accurate diagnosis. The CPD was attended by 133 delegates from various dental colleges in and around Mangalore.







## WORLD NO TOBACCO DAY 2018

Department of Public Health Dentistry, in association with Indian Dental Association, Dakshina Kannada branch, undertook various activities to commemorate the 'World No Tobacco Day 2018'.

An Oral Health and Oral Cancer Awareness Program and Anti-Tobacco Campaign was organized at BC Road on 26<sup>th</sup> May, 2018. The program included free oral health examination, screening for tobacco use and oral cancer and precancerous lesions and conditions.

World No Tobacco Day 2018 events also included intercollegiate competitions for medical and dental students from various institutions in and around Mangalore. Competitions included poster, t-shirt designing, street play and quiz competitions, which were organized at Manipal College of Dental Sciences, Attavar campus, Mangalore on 30<sup>th</sup> May 2018.

The valedictory program for intercollegiate events was held on 30<sup>th</sup> May 2017 at Manipal College of Dental Sciences, Attavar campus, Mangalore. The Chief Guest of the function was **Dr. Shivsharan Shetty**, President, Indian Dental Association, Dakshina Kannada branch, Mangalore.

The event was also attended by **Dr. Premalatha Shetty**, Associate Dean, MCOADS, Mangalore; **Dr. Rajesh G.**, Professor & Head, Department of Public Health Dentistry, MCOADS, Mangalore; **Dr. Karthik Shetty**, President Elect, Indian Dental Association, Dakshina Kannada branch, Mangalore and Additional Professor, Department of Conservative Dentistry, MCOADS, Mangalore.



## WORLD NO TOBACCO DAY 2018

A street play was also performed at City Centre Mall, Mangalore which is one of the popular shopping malls in Mangalore to spread awareness about the ill-effects of tobacco use among the general population. A two-day workshop on motivational interviewing was organized on 1<sup>st</sup> & 2<sup>nd</sup> June, 2018. The resource persons for the workshop included **Mr Syam K Ravindran**, Assistant Professor, Department of Clinical Psychology, School of Allied Health Sciences (SOAHS), Manipal; **Mr Dan Issac Pothiyil**, Assistant Professor, Department of Clinical Psychology, SOAHS, Manipal; and **Mr Sujith Babu**, Assistant Professor, Department of Psychiatry, Kasturba Medical College, Mangalore.



## GUIDED TISSUE REGENERATION

Department of Prosthodontics, conducted a continuing CPD Programme on “Guided Tissue Regeneration” on 7<sup>th</sup> June 2018 at Medical Education Hall, Light House Hill Road, KMC, Mangalore. **Dr. Kiran Kelkar**, speaker from Osstem implant spoke on ‘Current concept and principles of GBR including socket management’, ‘The difference between bone grafting materials’, ‘Advantages and limitations of using GBR method’, ‘Potential complications and solutions’.

Post Lunch Session included Live demonstration of Guided Bone Regeneration. 64 participants enrolled for the programme. Dr. Dilip. G. Naik graced this occasion. The programme was well received by the Audience.



# CONTINUING PROFESSIONAL DEVELOPMENT PROGRAMME



## CLINICAL PRACTICE MANAGEMENT- Tips to set up private practice and maximize its efficiency'

**MAHESRF** in collaboration with **ARMCODS**, Mangalore had organized a lecture on '*Clinical Practice Management - Tips to set up private practice and maximise its efficiency*' by **Dr. Chiradeep Haldar**, an alumnus of MCOADS, Mangalore, on June 13, 2018. Around 100 students, both undergraduate and postgraduate, had attended the lecture.



ACADEMIC ACTIVITIES



## SYSTEMATIC REVIEW

**Department of Conservative Dentistry and Endodontics**, conducted a CPD programme "*Systematic Review*" on 29<sup>th</sup> June, 2018 at CDE room, Light House premises.

The resource person for the program was **Dr. B. Unnikrishnan**, Associate Dean, and Professor, Department of Community Medicine at Kasturba Medical College, Mangalore.

Dr. B. Unnikrishnan highlighted the importance of research in dentistry. He spoke about systematic review, the various guidelines to form a systematic review. He enlightened the importance of Systematic reviews and Meta-Analysis in the field of research.





## TELL TALE TEETH 2018

Centre for Forensic Odontology, a collaborative unit of the **Manipal College of Dental Sciences, Mangalore** and the **Department of Forensic Medicine, Kasturba Medical College Mangalore**, organized a full day CPD Program and workshop titled “*Tell Tale Teeth 2018*”, on 14th July, 2018 at the Lecture Hall 1, Attavar campus, MCOODS, Mangalore.

**Dr. Sudeendra Prabhu**, Professor, Department of Oral Pathology and Microbiology, Yenepoya Dental College, Mangalore and **Dr. Medha Babshet**, Reader, Department of Oral Medicine and Radiology, Hasanamba Dental College, Hassan were the resource persons.

Dr. Sudeendra discussed on the role of “Odontometrics” in forensic identification with emphasis on determination of gender, race and stature of a victim, hastening building up of a biological profile for identification. Dr. Medha discussed the various methods of age estimation using dental radiographic methods and it was followed by a much-appreciated hands-on workshop on Kvaal’s technique and Cameriere’s Pulp tooth ratio methods.



Hands-on Workshop



Dr. Medha Babshet



Dr. Sudeendra Prabhu





# INTERNATIONAL SYMPOSIUM



## MODERN MANAGEMENT OF DENTAL CARIES

Department of Conservative Dentistry and Endodontics, successfully conducted a two day International symposium on 'Modern management of Dental Caries' on 3<sup>rd</sup> and 4<sup>th</sup> April, 2018 at both Attavar and Light House Hill premises.

The main aim of the symposium was to promote the prevention of caries. The resource persons were **Dr. Frederick Smales**, mentorship, The School of Dentistry, International Medical University, Kuala Lumpur, Malaysia and **Dr. Abhishek Parolia**, graduated from MAHE, Senior Lecturer and Programme Director/Coordinator for the post graduate endodontic programme at IMU, Kuala Lumpur. A hands-on workshop was conducted in Early Detection of Carious Lesions using ICDAS system.



# WORKSHOP



## HANDS-ON WORKSHOP ON DAMAN TECHNIQUE: MODULE I

**Department of Orthodontics**, in association with the **Centre for Advanced Dental Education (CADE)**, successfully conducted a two day hands on workshop on 11<sup>th</sup> and 12<sup>th</sup> April, 2018 on the '*Damon-technique*'.

The resource person was **Dr. Gurkeerat Singh**, Professor, Department of Orthodontics; Vice Principal, Sudha Rustagi College of Dental Science & Research, Faridabad, Haryana. He is a world renowned clinician with several years of experience with the Damon technique and also an alumnus of our college. The workshop was the first of the three modules on the Damon technique to be held this year.

The program consisted of a comprehensive lecture with introduction to the Damon technique, followed by detailed discussions on cases. Also had demonstrations on the technique of Interproximal Reduction (IPR) with the latest armamentarium followed by bonding on individual patients, by each of the participants.



ACADEMIC  
ACTIVITIES







## “PHOTODONTICS” – A TWO DAY HANDS-ON DENTAL PHOTOGRAPHY WORKSHOP

Department of Orthodontics, in association with the Center for Advanced Dental Education conducted a two day hands-on dental photography workshop on 23<sup>rd</sup> and 24<sup>th</sup> April, 2018.

**Dr. Mayur Davda** who heads the Dental Photography School, Mumbai and is a Canon Photomentor was the resource faculty. The program was inaugurated by **Dr. Shivsharan, President, IDA Karnataka State Branch**. The program was conducted over two days. Day one included lectures and Q & A sessions. Participants used DSLR cameras provided by Canon India, who were the principal sponsors of the program. The program was well received and attended by over 30 delegates from in and around Mangalore.

On day two, which was conducted at the typodont lab at Light House Hill campus, participants had the opportunity to interact with Dr. Mayur Davda and take extraoral and intra oral pictures alongside Dr. Davda. All participants were provided with DSLR cameras and intra oral kits. The hands-on workshop and was attended by 33 delegates.



## GUEST LECTURE



### ETHICAL REVIEW PROCEDURES- RECENT AMENDMENTS 2017

**Institution Ethics Committee (IEC)**, conducted Guest Talk “ *Ethical review procedures- Recent amendments 2017*” by **Dr. Sheethal Ullal**, Associate Professor, Department of Pharmacology, KMC, Mangalore, on 11<sup>th</sup> May, 2018.

The talk was addressed to all the IEC members and faculty and PG students of MCOADS, Mangalore also attended the talk. The talk highlighted the recent amendments in ICMR related to Ethical Review Procedures.



### INTERDISCIPLINARY COLLABORATIVE RESEARCH

**Institution Research Committee** organised a half day programme in view of increasing *Interdisciplinary Collaborative Research work*. **Dr. Gopalkrishna Bhat**, Associate Professor, from Department of Microbiology and **Dr. Muralimanju B.V.**, Associate Professor from Department of Anatomy, KMC, Mangalore interacted with the faculty & post graduate students of MCOADS, Mangalore on 25<sup>th</sup> May 2018. They spoke on the research facilities available in their respective department and also discussed various collaborative research ideas that can be undertaken jointly.





# SOFT SKILL TRAINING



## DENTAL CLINIC DESIGN

As a part of Soft skill development program, guest lecture '*Dental Clinic Design*' was organised for interns on 14<sup>th</sup> April, 2018 at Medical Education Hall.

**Prof. Dr. Nandineni RamDevi**, Associate Director, Faculty of Architecture, MAHE, Manipal, and **Ms Sonali Walimbe**, Associate Prof, FOA, MAHE, were the resource person. Ms. Sonali, delivered talk on "Dental Clinic Design". Dr. Deepika presented a Certificate of Appreciation to the speakers. The session was concluded with a vote of thanks.



ACADEMIC ACTIVITIES



## ETHICS IN PRIVATE DENTAL PRACTICE

A session on '*Ethics in private dental practice*' was organized for interns at KMC, Medical Education Hall, Light house hill campus on 31<sup>st</sup> May, 2018.

**Dr. Animesh Jain**, Professor and Head, KMC, Mangalore, was the resource person. He delivered his talk on "*Ethics in Private Dental Practice*". Dr. Nanditha Sujir, presented a Certificate of Appreciation to the speakers and concluded the session with a vote of thanks.



## GUIDANCE IN RESEARCH AND STUDENT PARTNERSHIP (GRASP)

The last phase of Guidance in Research and Student Partnership (GRASP) continued with the following sessions:

- Presentation of Reports by students and critical review by the experts (19th and 20th April 2018) - was reviewed by the faculty from Department of Community Medicine, KMC, Mangalore.
- Report writing (3rd May 2018) - **Dr. Nitin Joseph** (Associate Professor, Dept. of Community Medicine, KMC Mangalore)
- Manuscript writing (10th May 2018) - **Dr. Animesh Jain** (Professor and HOD, Dept. of Community Medicine, KMC, Mangalore)
- Plagiarism check and respond to reviewers (17th May 2018) - **Dr. Darshan** (Associate Professor, Dept. of Community Medicine, KMC Mangalore)
- Publication Ethics (28th May 2018) - **Dr. Unnikrishnan** (Associate Dean and Professor, Dept. of Community Medicine, KMC Mangalore)





## LAURELS



**Dr. Afroz** and **Dr. Anwetakshmi Ray**, first year Post Graduate students, in the **Department of Conservative Dentistry & Endodontics**, MCOADS, Mangalore have been awarded the **Second Prize for their E-Poster** titled “*Photo Activated Disinfection*” at **National Conservative Dentistry & Endodontics Day**, 5<sup>th</sup> march, 2018 held at A.B Shetty Memorial Institute of Dental Sciences under the guidance of **Dr. Neeta Shetty** and **Dr. Kundabala M.**



**Ms Shalini Mundra**, **Ms Fiona Shee**, **Ms Shihana** and **Mr Lokesh**, interns of MCOADS Mangalore, have been awarded the **First Prize for their Table Clinic** titled “*Root Canal Treatment*” at **National Conservative Dentistry & Endodontics Day**, 5<sup>th</sup> march, 2018 held at A.B Shetty Memorial Institute of Dental Sciences under the guidance of **Dr. Neeta Shetty**.





**Ms Harshita Sharma, Ms Chelsea Khor, and Ms Samrina Hussain**, Interns, have been awarded the **Second Prize for their E-Poster** titled *“Internal Anatomy of the Tooth”* at **National Conservative Dentistry & Endodontics Day, 5<sup>th</sup> march, 2018** held at A.B Shetty Memorial Institute of Dental Sciences under the guidance of **Dr. Vinod Jathanna**



**Dr. Neetha G. Shenoy**, second year Postgraduate in the **Department of Conservative Dentistry and Endodontics**, has been awarded **First Prize in the poster competition** for her poster titled *“Push-out bond strength of four root canal sealers – an invitro evaluation”* under the guidance of **Dr. Karthik Shetty**, at **Manipal Research Colloquium 2018** held at Manipal Academy of Higher Education, Manipal, during 5<sup>th</sup> April, 2018.







**Ms Mahima S, Ms Pooja P Netalkar** and **Ms Maithreye S R** attended the intercollegiate *Table Clinic Competition, 'COORG QUEST- 18'* at Coorg Institute of Dental Sciences, Virajpet in February, 2018. Topic was '*Can-cer-vive: A boon by technology*'. They also participated in the Pedagogy Competition. **Ms Mahima S** won **Second Prize in Pedagogy Competition**. Topic was '*Inlay Wax*'.



**Ms Nikita Rungta** received the **Silver Jubilee Alumni Gold Medal** for the Student who scored **Highest Marks in Final B.D.S.** for the year 2017. She also received **Dr TMA Pai Gold Medal** for the **Best Outgoing Student** of the year 2017.



Street play, Art relay, Treasure hunt, Solo dance  
Pot pourri, Debate, Solo dance

**ADRENALINE 2018**

Held in February 2018 at Father Muller's Medical College, Mangalore. MCOODS, Mangalore won the prizes.

## CONFABULAR 2018

Manipal College of Dental Sciences, Manipal conducted a Debate competition on 20<sup>th</sup> February 2018. Team of **Ms Aiman Itrat Abbasi (II BDS)**, **Ms Sreya Dutta (II BDS)** and **Mr Sparsh Kapoor (Intern)** represented MCODES, Mangalore. The topic for the debate was: *'Death penalty belongs in the medieval ages'*.

**Ms Aiman Itrat Abbasi** won the **best speaker prize** for the motion.



## MATRIBHASHA DIVAS

'Matri Bhasha Divas' was conducted on 21<sup>st</sup> February 2018 in collaboration with KMC Mangalore. Competitions like Hindi Elocution, Poetry writing and Kannada essay writing competition was organized on this occasion.

**Ms Mahima S.** and **Mr Mudit Sharma**, Third BDS Students won the first prize in Elocution and Poetry writing competition respectively.





## COLOSSEUM

The annual college fest 2018, was a cultural extravaganza titled “**COLOSSEUM**” held from 8<sup>th</sup> March, 2018- 15<sup>th</sup> March, 2018 held at Manipal College of Dental Sciences, Mangalore.

The college was at its creative best and saw stellar competition from the undergraduates and post-graduates across all the academic years along with enthusiastic participation from the staff. The events covered everything from literature, art, music, drama, dance and fashion.

This year saw the theme “Colosseum”, the battle amongst the six teams- **Messiahs, Mechatrons, Necromancers, Morphians, Cathexis** and **Valyrians**.

The winners took the various memorial trophies and shields distributed in the closing valedictory ceremony.



COCURRICULAR ACTIVITIES







CO CURRICULAR ACTIVITIES



## UTSAV 2018

The silver edition of **UTSAV**, the annual inter-collegiate cultural fest, was held from 2<sup>nd</sup> April, 2018- 6<sup>th</sup> April, 2018, held at KMC greens, Manipal.

The event saw participation from all the constituent institutions of MAHE, both overseas and in India. The much anticipated fest witnessed zealous and energetic performances.

Students from MCODES, Mangalore brought laurels to the college by bagging podium positions in a wide variety of events such as the Cultural Parade, English and Hindi Poetry writing, cartooning, Indian non classical vocal solo, Indian non classical vocal group, rangoli, installation, antakshari and street play.





## ACHIEVER'S DAY

**Achiever's Day** was conducted by AB Shetty Memorial Institute of Dental Sciences, Mangalore on 25<sup>th</sup> April 2018. **Miss Kopal Vasudev, Miss Somya Goel, Mr Shreyansh Jain, Miss Debotri Basu and Miss Madhura Rao** won the **First place in the Mad-Ads Competition**

**Miss Madhura Rao and Miss Tankala Prerana**, also won **2<sup>nd</sup> place in Quiz**, **Miss Madhura Rao and Miss Debotri Basu** won **2<sup>nd</sup> place in Dr. Tooth Little** (Q&A round based on clinical images), **Miss Anushtha Jain, Miss Kopal Vasudev, Miss Debotri Basu and Miss Srishty Goel** secured **3<sup>rd</sup> place in Dumbsharades**



**Mr Aakash Jain**, 3rd year BDS, student of Manipal College of Dental Sciences, Mangalore has been selected as the **Expansions Entity President for AIESECs** base in Mangalore.

AIESEC is the world largest student run organization that promotes cross cultural exchanges abroad.







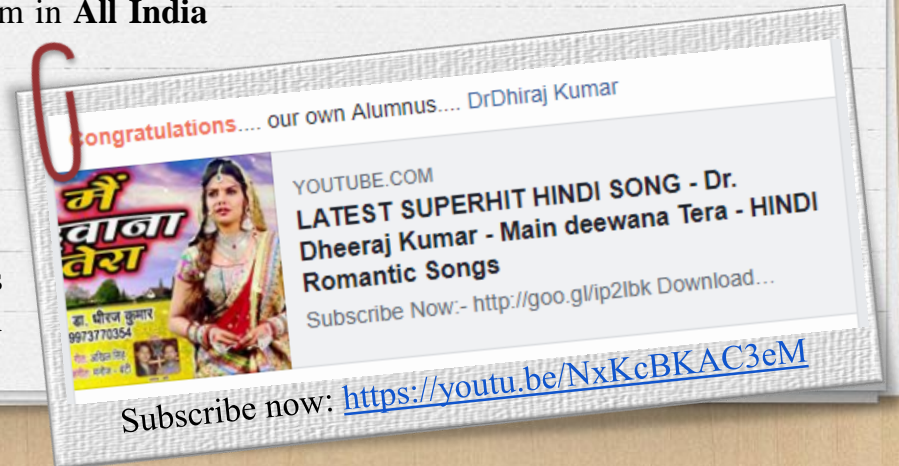
**Dr. Ashith M.V**, Reader, Department of Orthodontics, has been awarded as the out standing contribution in reviewing for the contribution made to *Journal of cleft lip Palate and Craniofacial Anomalies* as a reviewer.



He was also invited to give an awareness talk on ‘*Orthodontic Management of cleft lip and cleft palate from infancy to Adult*’ in **Jeevan Rekhe programme** which was broadcasted on 24<sup>th</sup> April, 2018 between 8.50 am to 9.20 am in **All India Radio**.



Our Intern, **Mr Dheeraj Kumar**, has showcased his vocal talent in you tube Bollywood number



## Television Interview: Hello IDA: Root Canal Treatment

*Dr. Karthik Shetty*, Additional professor from the department of Conservative dentistry and Endodontics was invited as a guest in a TV program in Namma TV channel on 3<sup>rd</sup> June, 2018. The program was a live call in interview to educate the public about the various aspects of root canal treatment.



## INTERNATIONAL YOGA DAY

On 20<sup>th</sup> June 2018 **International Yoga day** was celebrated in attavar campus, Mangalore by MCO DS Mangalore and KMC Mangalore. The chief guests for the event were *Dr. Rekha T*, DDSA, Mangalore campus and *Dr. Ashita Upoor*, Associate Dean, MCO DS Mangalore- who gave an enlightening and interactive talk on the importance of yoga and shared her experience of the same. *Dr. Avinash*, Post graduate student from Public Health Dentistry Department, MCO DS Mangalore who is a yoga teacher demonstrated asanas.





# INTERNATIONALIZATION

## INTERNATIONAL STUDENT EXCHANGE PROGRAMME, 2018: Universiti Teknologi MARA, Malaysia

6 intern students, *Ms Munazza Sharafuddin, Ms Sakshi Sachdeva, Ms Rica Singh, Mr Dhruv Rao, Mr Viral Dave, Ms Fiona Shee* from MCOADS, Mangalore participated in the student exchange programme from 4<sup>th</sup> to 12<sup>th</sup> April, 2018 at Universiti Teknologi MARA, Malaysia. At the observership programme at UiTM, students were rotated between departments so that they had the chance to observe every department.

It was interesting to note that conducting research is a compulsory part of the curriculum in the fourth year of study. They also witness the standard of research conducted, the approach to research and presentation, and the widespread involvement in research activity at the college.

Some of the notable observations include: Their undertaking of procedures at the undergraduate level (cast partial denture procedures, stainless steel crown placement, fixed and removable orthodontics, RCT of radix entomolaris/paramolaris teeth, taking RVG's and OPG's) and have an additional year of study, and no internship.





They have specialist clinics: paediatric dentistry, oral and maxillofacial surgery, and a special needs clinic which helps treat patients with special needs, and who are medically compromised.

The 8<sup>th</sup> UiTM Dental Students' Symposium, 2018, was conducted on the 2<sup>nd</sup> and 3<sup>rd</sup> of April, 2018 at Universiti Teknologi MARA, Malaysia. [Ms Fiona Shee](#), received **3<sup>rd</sup> place in Oral Presentation** and [Ms Sakshi Sachdeva](#) has been awarded **Best Oral Presenter**.

To concise in a nut shell Ms. Skashi says: *“The experience of this observership programme has been singular and remarkable, not only in its educational value but also in its outreach in connecting us to professors, peers and colleagues across the world in Malaysia. A journey which was purposeful and enlightening, and indeed also personal and special to each of us, who have made memories and friendships that will last a lifetime”.*



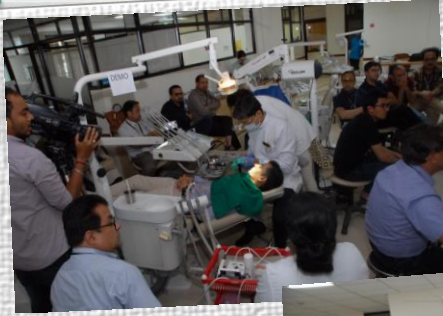
## UNIVERSITY OF MINNESOTA (UMN) – KABUL UNIVERSITY OF MEDICAL SCIENCES (KUMS) – MCODS EXCHANGE PROGRAM

Dean, **Dr. Dilip G. Naik** and our Associate Dean and Coordinator, International collaborations, Mangalore campus, **Dr. Ashitha Uppor**, entrusted **Dr. Manuel S Thomas** and **Dr. Vinod Jathanna** as the faculty lead for the one week University of Minnesota (UMN) – Kabul University of Medical Sciences (KUMS) – MCODS Exchange program on short course in Basic Endodontics. This program delivered to MCODS, Mangalore by **Dr. Raghu Radhakrishnan** (Director, Office of International Affairs and Collaborations).

This program was a part of the FHI 360 grant, which supports the Government of Afghanistan in implementing higher education and workforce development strategies as part of University Support and Workforce Development Programme (USWDP). The aim of the exchange program was to train the participants and improve their clinical skills in the field of endodontics and to familiarize the participants in the technological advancements in endodontics that aid in improved patient care as well as to provide the participants with an in depth knowledge of the steps involved in treating the endodontically involved tooth.







A program was conducted at the Department of Conservative dentistry and Endodontics, Attavar campus from April 18 – 25, 2018. The delegation consisted of 15 faculty of KUMS, Stomatology. They were accompanied by **Ms Erin Mann** (Global Collaborations Coordinator, Centre for Global Health and Social Responsibility, UMN), **Ms Jessynn Embry** (Program Manager, FH 360), **Rohina** (Sr. Manager for Bachelor Degree Programs – Kabul-based Universities Afghanistan University Support & Workforce Development Program (USWDP) as well as an endodontist from Minnesota **Dr. Harish Koratkar**.

The 6 day training program was unique since it had a balance between teaching technical skills/content and teaching "how we teach" endodontics to the KUMS Dentistry Faculty colleagues. This was to equip KUMS faculty not only with improved techniques but also improved ways to teach those techniques to their colleagues and their students. The program consisted of short lectures, clinical demonstrations, hands-on workshops, case based learning and flipped class. Site seeing and cultural program were also organized for the delegates.

At the end, the exchange program was well appreciated by all. The participants had given a great feedback. It was an amazing experience for all involved.



## NATIONAL DENTAL STUDENT'S SCIENTIFIC CONFERENCE (NDSSC) 2018

Faculty of Dentistry, Melaka – Manipal Medical college, Melaka hosted the **10<sup>th</sup> National Dental Student's Scientific Conference (NDSSC)** during 4<sup>th</sup> and 5<sup>th</sup> May 2018, with the theme *“Nurturing the present and inspiring the future”* in conjunction with the twenty years anniversary of Melaka-Manipal Medical college.

Apart from scientific presentations, International Dental Quiz “Impaction – 4”; photography competition, mannequin video contest and rangoli competition was also conducted in conjunction with the conference, to bring out the best from the dental graduates and portray their creative talents.

A team of interns, ***Mr Dhiraj Panjwani, Ms Juhi Aswani K, Ms Aastha Todi, Ms Suprathima Saritha R, Ms Archana M, Mr Ranjan R Bhat***, represented our college and presented posters and table clinic presentation. They bagged the Third prize at International Dental Quiz “Impaction – 4”



## OBSERVERSHIP PROGRAM, MMMC, MELAKA, MALAYSIA

The 6 interns who attended NDSSC 2018 also participated in the observership program at Melaka - Manipal Medical College for 10 days.

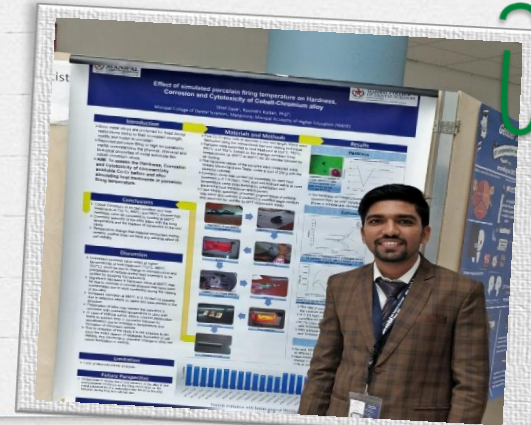
The aim was to observe and learn the different techniques and methods used by the faculty and students. They got a chance to interact at length with a lot of students and faculty members, who told about their lecture schedules, postings, exam patterns, work schedules and their life on and off campus.



## INTERNATIONAL STUDENT CONGRESS OF BIOMEDICAL SCIENCES (ISCOMS) 2018, Netherlands

*Mr Viral Dave*, Intern presented a poster on 'Effect of simulated porcelain firing temperature on Hardness, Corrosion and Cytotoxicity of Cobalt-Chromium alloy' at 25th edition ISCOMS (International Student Congress of Biomedical Sciences), Groningen, the Netherlands, from 4<sup>th</sup> to 8<sup>th</sup> June, 2018

He was declared as 'Session Winner' in Dentistry. He is invited to pursue a short Research Internship at University Medical Centre Groningen.





## CULTURAL EXCHANGE PROGRAMME- Indo swiss movie screening

The 'Indo-Swiss movie screening' took place in LH1 Attavar on 11th April 2018. *Mr Thai*, from Switzerland visited India as part of a **Cultural Exchange Programme**. His trip included visiting 34 Indian cities including Mangalore. He hoped to make the audience understand the movie cultural prevalent in Switzerland and to understand our culture and hoped to take back some of it to his country. The event was a huge success due to the enthusiastic audience who thoroughly enjoyed the movie.



## CULTURAL AND LITERARY FEST

The students of MAHE, Manipal, participated in the Cultural and Literary fest organized by MAHE, Dubai and have returned with the following accolades:-

1. Group dance- 3rd position , the team consisting of *Ms Alisha Ono Idris, Ms Apoorva Anand, Ms Juhi Joshy* and *Ms Sreejeeta Dey*
2. Duet Dance- First position, the team consisting of *Ms Alisha Ono Idris, Ms Apoorva Anand*
3. Western Vocal Group - First position, the team consisting of *Ms Alisha Ono Idris, Mr Pranav Rajasekhar, Ms Saptarshi Bajpai, Mr Rohan Jonathan Silveira, Mr Elson Joy, Mr Govind Sreenivas, Ms Sanjana Aithal* (MAHE, Manipal and Mangalore)

## COLLEGE OF DENTISTRY, UNIVERSITY OF IOWA, STUDENT EXCHANGE PROGRAM 2018

*Ms Nikita Rungta* from the batch of Interns, was selected for the student exchange program with the College of Dentistry, University of Iowa.

Having her posting in department of Pediatric Dentistry and Department of Operative Dentistry and alternating between the two, she was exposed to their treatment methodologies and newer equipment like nitrous oxide sedation etc. Also having her posting in the Department of Geriatrics- Special Care, she had experience learning the various patient management skills which differed for this population from the general. All faculty and students at school were extremely friendly and helpful who taught her about various materials and procedures that were new to me.

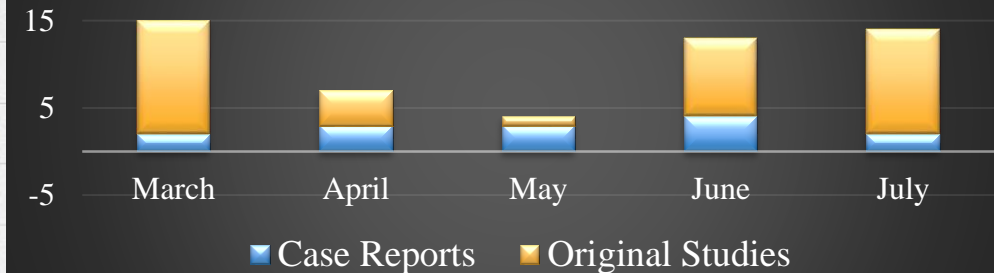
To concise Ms Nikita says: *“My experience at Iowa helped me in several ways ranging from improving my skills at clinics to getting better with my soft skills. I was deeply inspired by the work culture and determination of the students and staff there. It also helped me get an insight into the future education in the US.”*





Number of study projects undertaken

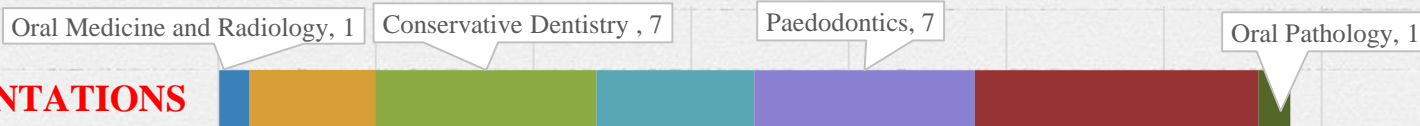
Period: March to July, 2018



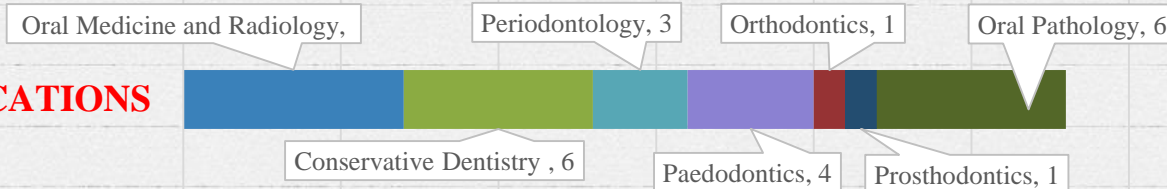
₹ 11,00,000.00

Grants Received

PRESENTATIONS



PUBLICATIONS



RESEARCH

## ENDOWMENT AWARD

1988 Batch of MCOCS, Mangalore, initiated an 'Endowment Award- A silver Medal' for a student who has been an *All Rounder - Excelling in Sports, Social Activities, cultural, and Academics*. This will be initiated from 2018-19 and awarded during the institutions Annual Awards and College Day.



## ALUMINI REUNION 1987

1987 Batch of MCOCS, Mangalore, celebrated their 31<sup>st</sup> year reunion on 13<sup>th</sup> & 14<sup>th</sup> July, 2018. The reunion was held at the lecture hall in MCOCS, Attavar campus. After the campus tours visiting both the campus of Attavar and Light House Campus, alumni interacted with the faculty and other staff of the college.



**CANADA: 8**



**RUTGERS**  
School of Dental Medicine

**Monmouth Medical Center**

**RWJ Barnabas Health**

**Schulich**  
MEDICINE & DENTISTRY

**UNIVERSITY OF TORONTO**

**UK: 8**



**Royal College of Surgeons**  
ADVANCING SURGICAL CARE

**UNIVERSITY OF BIRMINGHAM**

**KING'S COLLEGE LONDON**

**University of Chester**

**RUSSIA: 1**



**A.I. Yevdokimov**  
Moscow State University  
of Medicine and Dentistry  
founded in 1922

**USA: 49**



**BOSTON UNIVERSITY**

**Penn**  
UNIVERSITY OF PENNSYLVANIA

**NEW YORK UNIVERSITY**

**AUGUSTA UNIVERSITY**

**PACIFIC**  
Arthur A. Dugoni  
School of Dentistry

**ACP**  
AMERICAN COLLEGE OF  
PROSTHODONTISTS  
Your smile. Our specialty.

**Herman Ostrow School of Dentistry of USC**

**JCLA Anderson**

**UCSF**  
UNIVERSITY OF CALIFORNIA  
SAN FRANCISCO

**SCHOOL OF MEDICINE**  
CASE WESTERN RESERVE  
UNIVERSITY

**USC University of Southern California**

**University of Colorado**

**LOMA LINDA UNIVERSITY**

**SCHOOL OF DENTISTRY**  
INDIANA UNIVERSITY

**UF**  
UNIVERSITY OF FLORIDA

**MISSOURI STATE UNIVERSITY**

**NOVA**  
SOUTHEASTERN UNIVERSITY

**Columbia University**  
MAILMAN SCHOOL  
OF PUBLIC HEALTH

**UNIVERSITY at Buffalo**  
The State University of New York

**UTHealth**  
The University of Texas  
Southwestern School of Dentistry

**NIH**  
National Institute of Dental  
and Craniofacial Research

**TAIWAN: 1**



**林口長庚紀念醫院**  
Cheng Gung Memorial Hospital, Taichung

**PHILIPPINES: 1**



**UNIVERSITY OF THE EAST**  
PHILIPPINES

**AUSTRALIA: 2**



**LA TROBE UNIVERSITY**  
AUSTRALIA

**THE UNIVERSITY of ADELAIDE**

# ALUMNI- AROUND THE GLOBE



**MANIPAL COLLEGE  
OF DENTAL SCIENCES**

**MANGALORE**

*(A constituent unit of MAHE, Manipal)*

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